

	0 0 0
CONTENTS	
SINN SPEZIALUHREN ZU FRANKFURT AM MAIN	6-11
240 St – THE SPORTY WATCH WITH INTERIOR ROTATING BEZEL	12-13
USING THE PILOT'S BEZEL TO MEASURE TIME	14-15
240 St GZ - THE SPORTY WATCH WITH A TIDE BEZEL	16-17
THE TIDE BEZEL	18–19
INSTRUCTIONS FOR USE	20-21
ASSEMBLING AND ADJUSTING OF STRAPS	22-23
TECHNICAL DETAILS	24 - 25
ADVICE	26-27
SERVICE	28–29



DEAR CUSTOMER,

We know from numerous conversations that the people who buy our watches do so out of conviction. This includes people with a pronounced affinity to technology who are fascinated, for example, by the solutions we have devised for protection from magnetic fields and scratch resistance. Some of our customers, such as divers, pilots and the German GSG 9 special police unit, rely on their watches in their respective careers because their lives depend on it.

They all swear by the performance, resilience and durability, as well as the quality and precision of our watches. That is why the world's largest classification society DNV (formerly Germanischer Lloyd, Hamburg) regularly tests and certifies the water and pressure resistance of our diving watches. Selected pilot watches are tested and certified by independent institutions according to the DIN 8330 Horology – Aviator watches in an extensive and complex type and unit verification process. This ensures that a DIN 8330-compliant pilot watch is a suitable all-round replacement for the on-board timekeeping instruments available to pilots. Functionality is our top priority and ultimately determines the design. Only the technical features that are really needed can be found on our watches. Because we believe that products have to speak for themselves.

The basic question that we ask ourselves is: which innovative technologies and materials can be employed for our craft and provide solutions for rendering our watches even more practical for everyday use? It is often worth indulging in a little lateral thinking to see what is going on in other industrial sectors or fields of science. We repeatedly go to the limits of physical resources to upgrade our watches – with the aim of making what's good even better. Most of our best developments are yet to come!

I am delighted that you have decided to buy a SINN timepiece and hope that it will continue to give you pleasure for many years to come.

Yours,

Lothar Schmidt



SINN SPEZIALUHREN ZU FRANKFURT AM MAIN

It was back in 1961 that pilot and blind-flying instructor Helmut Sinn founded the company. Since then, we have been committed to producing high-specification mechanical watches. In 1994, the graduate engineer Lothar Schmidt took over the company. This marked the beginning of a new era for the SINN brand, because the new owner took a decisive step towards more innovation. Under his leadership, new technologies and materials were introduced, thus providing the crucial incentives for our company's evolution and gradual emergence as an insider's tip for lovers of fine watches. Today, our name stands for technical innovations – much to the delight of both the trade and our customers alike.

Technical innovations

Take, for example, the absolutely condensation-free, anti-reflective, German Submarine Steel diving watch – made possible by HYDRO Technology. Other examples include a chronometer chronograph fashioned from a 22-carat gold alloy that is as hard as stainless steel and a chronometer with a magnetic resistance of up to 100 mT (= 80,000 A/m). There are also watches with a clockwork mechanism optimally protected from aging by an inert gas and integrated dehumidifying capsule. The list would not be complete without mentioning the development of mission timers (Einsatzzeitmesser or EZM in German) for firefighters, for special police units and border patrol guards. DIAPAL is one of our most important technological developments, with oiling no longer needed for the most important functions in the watch thanks to the materials we select. This technology was first used in 2001. With the aid of TEGIMENT Technology, we achieve greatly increased scratch resistance through surface hardening.

Ongoing advancement in technology and quality

Our top priority has always been to develop watches that offer superior performance – both in daily and in professional use. Which is why our engineers are working continually to identify which innovative methods, materials and technologies are best suited for optimising our watches. Each new development has to first undergo rigorous practical tests before being incorporated. And no watch leaves our workshops before it has been subjected to thorough checking and fine adjustment by our master watchmakers.

Innovations in endurance testing

The world's largest classification society for maritime safety DNV (formerly Germanischer Lloyd, Hamburg), has been testing our diving watches for pressure and water resistance since 2005. As part of DNV's official certification process, our diving watches have been treated as part of diving equipment since 2006 and tested and certified in accordance with European diving equipment standards. This is unparalleled in the watch industry. Selected pilot watches are tested and certified by independent institutions according to the DIN 8330 Horology - Aviator watches in an extensive and complex type and unit verification process.



This ensures that a DIN 8330-compliant pilot watch is not only a suitable allround replacement for the on-board timekeeping instruments available to pilots, but is also capable of remaining unaffected by the physical stresses of flight, posing no risk potential for the crew or aircraft, and demonstrating compatibility with other on-board instruments.

The Temperature Resistance Technology keeps mechanical watches performing at temperatures ranging from – 45 °C to +80 °C. This technology has proven its worth in the EZM 10 TESTAF, for example, used as part of the official approvals procedure for Airbus Helicopters (formerly Eurocopter) EC 145 T2 high-performance helicopter. The 303 KRISTALL is impressive proof of the functional reliability of our watches under the toughest climatic conditions. Equipped with Temperature Resistance Technology, the chronograph passed the acid test at the Yukon Quest, the world's most demanding dogsled race. The 203 ARKTIS passed its Arctic endurance test on the wrist of extreme diver Mario M. Weidner, withstanding all dives in the freezing cold waters of the Arctic Ocean above 81 degrees latitude. Both watches were worn on top of protective clothing. The real test was in the extreme temperature fluctuations between water and land – a test that the 303 KRISTALL and the 203 ARKTIS passed with flying colours.

Image: All of the technical details of our watches are documented by tests. This system of assessment has been specially designed for certification of the pressure resistance of our diving watches by DNV (formerly Germanischer Lloyd, Hamburg), the world's largest classification society for maritime safety.

Workshop modifications

From the robust case and the polished crystal to the exquisitely decorated movement, we make sure that each and every detail in our watches is fit for purpose. In addition to our technology, the heart of any SINN watch is the fascinating mechanical movement. That is why we rely only on selected renowned manufacturers.

"SZ movements" is the name given to our movement modifications. The results are high-quality calibres characterised by impressive features. An example of this is the SZ04 with regulateur for the 6100 REGULATEUR series.

The model series 140 and model 717 uses our proprietary chronograph development, the SZ01. It was modelled on the Lemania 5100 calibre used in the EZM 1. One of the biggest differences between the SZ01 and the Lemania 5100 is the former's stopwatch minute display. This feature now makes it even easier and quicker to record stop times more accurately. The aim of this modification was to significantly improve the readability of the chronograph function.

The SZ calibres 02, 03, 05 and 06 are a modification of the SZ01 movement, characterized by an off-center 60-minute counter. The 60-minute scale of the stopwatch minute counter is much simpler and more intuitive to read than the 30-minute scale commonly found in other watches.



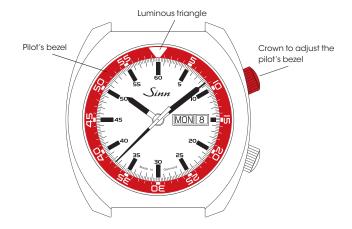


240 St THE SPORTY WATCH WITH INTERIOR ROTATING BEZEL

Key functions and clarity are the all-important features of the 240 St. With its classic design based on traditional styles, the 43 mm diameter 240 St is distinguished by those unique characteristics which mark it clearly as a SINN watch. These include a resistance to low pressure and pressure resistance up to 10 bar.

The interior pilot's bezel with luminous triangular main marker enables precise monitoring of defined periods of time. The case made of bead-blasted stainless steel features a sapphire crystal glass. Perfect readability, even at night, is ensured by the luminous hands and indices. The 240 St also features the date and weekday, which can be displayed in German or English simply by adjusting the crown.

240 St USING THE PILOT'S BEZEL TO MEASURE TIME



The pilot's bezel can be moved manually in both directions and is adjusted with the crown in the 2 o'clock position. The triangle glows in the dark.

It can be used in a number of ways, including to measure important lengths of time. For example, you can set the marking to the beginning of the time span to be measured, or you can use it to indicate the end of a given span of time.



240 St GZ THE SPORTY WATCH WITH A TIDE BEZEL

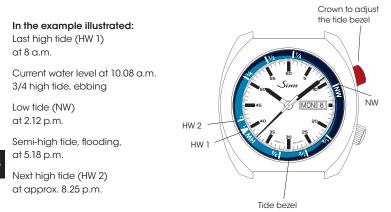
Anyone who is at home on the world's seas as a skilled sailor or keen water sports enthusiast knows how important it is to keep an eye on the weather – and on the tides at regular intervals.

Tides are a worldwide phenomenon that can be seen in the regular rise and fall of sea levels. They are caused by the gravitational pull of the moon and the sun. The ebb and flow of the tide takes place over 12 hours and 25 minutes, a period that is indicated on our rotating tide bezel. High tides and low tides occur at different times of the day at different coastal locations. Tide gauges at key locations all over the world, such as harbours, the mouths of harbours and a number of coastal stations, predict the likely occurrence of high and low tides over the course of a year, and this information is published in tide tables.

The rotating tide bezel can be used to read the relative water level of a location in terms of the current tide, which is to say the time until the next high tide. The expected relative water levels and the time of the next high tide are also displayed for any given time before the next high tide.

240 S† GZ THE TIDE BEZEL

The rotating bezel shows the relative water level of a tide (light blue rim) and indicates the most important water levels. The corresponding time can be read with sufficient accuracy on the fine-minutes dial. Each stroke on the fine-minutes dial is equivalent to three minutes.



18

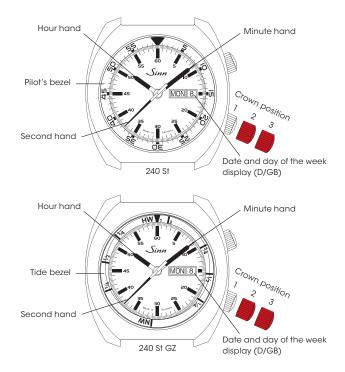
The rotating tide bezel (crown at 2 o'clock) can be used to read the relative water level of a location in terms of current tide, i.e. the time until the next high tide. For this, you need to know the time of the last high tide at this location and correlate this with the triangular mark "HW 1" on the rotating bezel. This can be taken for example from a tide table. You can then use the hour hand to read off the current water level on the rotating tide bezel. You can also read off the expected relative water levels for any given time up until the next high tide. The time of the next high tide is then shown at the position "HW 2".

The tide bezel must be readjusted for each tide. This should not be done before the next high tide, i.e. when the hour hand has reached the "HW 2" position. Move triangle "HW 1" to the "HW 2" mark or use the tide table and repeat the above procedure. We recommend synchronising the position of the rotating tide bezel with the values listed in the tide tables once a day.

Note

In order to ensure safety when taking part in coastal water sports, hiking or diving, it is necessary to check that the bezel information (based on a period of 12 hours and 25 minutes for a tide) is current with reference to tide tables.

INSTRUCTIONS FOR USE



20

Winding the watch (crown position 1)

The movement is wound manually by turning the crown *clockwise*. Under normal circumstances, a few turns of the crown are enough to start the movement. We recommend 20 full turns of the crown for the initial use. Simply wearing the watch every day should suffice to keep the self-winding mechanism wound. The power reserve allows you to take off your watch overnight without having to rewind it. About 40 turns of the crown by hand will wind up the watch completely. Because the winding mechanism of your watch is designed for automatic winding with minimal winding speed, the watch should be wound at a moderate, consistent speed when winding by hand to avoid damaging the movement.

Time adjustment (crown position 3)

In crown position 3, the motion is paused. This helps you to set the watch precisely. Please make sure the date changes at midnight and not at midday. Just move the hands forward until the date changes. Afterwards you attempt to set the time. We recommend moving the hands past the desired minute marker and then adjusting it backwards. The movement restarts as soon as the crown is no longer in position 3.

Quickset date and day of the week adjustment (crown position 2)

Do not use this function between 9 p.m. and 3 a.m. Crown position 2 can be used to change the date and day of the week quickly and simply. To set the date, pull the crown to the second position and turn it *clockwise* until the current date appears in the display window. To set the day of the week, turn the crown *counter-clockwise* until the desired day of the week is indicated. You can choose to display the day of the week in German or English. The day of the week is then automatically displayed in the selected language each day. Please do not use this function between 9 p.m. and 3 a.m. Between these times, the gear wheels used for changing the date are engaged, and the movement could be damaged.

ASSEMBLING AND ADJUSTING OF STRAPS

If you are not sure how to assemble, shorten or lengthen the watch straps, please contact your specialist SINN retailer directly or one of our watchmakers in customer service in Frankfurt am Main. We would also be happy to help you over the telephone.

Adjusting the length of the solid bracelet

Determine the relative lengths of the two sides before adjusting the length of the bracelet. To ensure maximum comfort, both sides of the bracelet should contain the same number of links. If this is not possible, the top bracelet strap (above the 12 on the clock) should be longer.

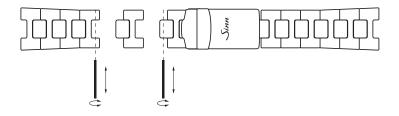
It is not necessary to detach the solid bracelet from the watch or the clasp.

- 1. Loosen the screws on the side of the bracelet link which is to be removed or added.
- 2. Remove the superfluous bracelet link or insert a new one.
- Before screwing tight, add a small drop (no more!) of thread-locker (AN 302-42 medium-tight) to the thread of the bracelet screw.



Safety note!

Thread-locker (AN 302-42 medium-tight) contains: 2-hydroxyethyl methacrylate, cumene hydroperoxide. May cause an allergic skin reaction. May cause respiratory irritation. Wear protective gloves. UFI: 51T6-80C3-800Q-SCR2







240 St GZ – Iuminous design

TECHNICAL DETAILS

Mechanical movement

- Self-winding mechanism
- Hand adjustment with stop-second function
- · 28,800 semi-oscillations per hour
- Anti-magnetic as per DIN 8309

Functions

- · Hours, minutes, seconds
- Date display
- Day of the week display
- 240 St GZ: Interior tide bezel with luminous key marks
- 240 St: Interior pilots's bezel with luminous key marks

Dial and Hands

- Hands and indices coated with luminescent colour
- Bezel with luminous key mark(s)

Watch case

- Stainless steel, bead-blasted
- Sapphire crystal glass in front

- Solid case back
- Case back screw-fastened
- Waterproof and pressure-resistant up to 10 bar
- Meet the technical requirements for waterproofness, as set out in standard DIN 8310
- · Low pressure resistant
- Band lug width 22 mm
- Case diameter 43 mm



ADVICE

Water resistance

In its original condition, your watch fulfils the technical requirements of water resistance according to DIN 8310. The static compressive stress of your watch is given in bar. Each and every one of our watches is tested for water resistance. However, in everyday use it is important to note that seals can suffer from wear and ageing over time due to a wide range of factors which arise when wearing a wristwatch. We therefore recommend having the water resistance checked at least once a year. To ensure your watch retains its water resistance for as long as possible, rinse it with tap water if it comes into contact with seawater, chemicals or the like. Continual mechanical stress in the form of shocks and vibrations can also not only reduce water resistance, but also increase wear and tear of the movement. Care should therefore be taken to protect your watch from unnecessary impacts.

Accuracy

The measured results of the watch's rate are always "snapshots" taken under laboratory conditions. For this reason, we also take each owner's individual movements into account when making a specific regulator correction. It is therefore only possible to judge the accuracy of your watch after it has been in operation for approximately eight weeks. In the event of a deviation, please keep a daily record of its timekeeping over an extended period, for example one week.

 Do you have
 any questions? Our employees will be pleased to advise you.

 Telephone:
 + 49 (0)69/97 84 14-400

 Telefax:
 + 49 (0)69/97 84 14-401

 E-mail:
 service@sinn.de



SERVICE

Does your SINN watch need an inspection, repair, retrofitting or reconditioning? If possible, please use our service order form. For information about our service order form, please refer to the section entitled "Customer Service" on our website www.sinn.de/en and to the section entitled "Servicing and repairs" in our general terms and conditions at www.sinn.de/en. We would be happy to send you a copy of the general terms and conditions.

Our international partners generally offer on-site service. However, should they be unable to provide a certain service, they will organise the safe dispatch and return of the SINN watch to our manufactory in Germany. Please be aware that our partners will wait until they have a sufficient number of SINN watches before they post a shipment, in order to keep transport costs and customs duties to a minimum. This will increase the processing time.

Alternatively, you can send your SINN watch to us directly. You will be required to cover the postage costs for the delivery and return shipment, which vary depending on the country. For insurance reasons, we strongly recommend sending us any return goods by registered parcel post. We regret that we are unable to accept deliveries with unpaid postage!

In case you have a chance to drop off your watch directly at our office in Frankfurt am Main we look forward to your visit. Please make a note of our opening times.

For information about our service, please refer to the section entitled "Customer Service" on our website www.sinn.de/en or +49 (0)69/97 84 14-400.



SPEZIALUHREN ZU FRANKFURT AM MAIN

© Sinn Spezialuhren GmbH

5. Auflage / 5th Edition 07 2023 Technische Änderungen vorbehalten. Technical specifications are subject to changes.

